

Visioning future employment support for Disabled people







Supporting London's Deaf and Disabled People's Organisations

Welcome to this Making it Work resource

The purpose of this document is to provide Disabled People's Organisations (DPOs) with a shared vision of what excellent employment support for Disabled people looks like, to help inform future funding applications by DPOs, support service development and promote partnership working across the DPO sector.

By capturing and articulating the key elements of this support, we hope this document will support your DPO to think about developing your capacity to provide employment support for Disabled people in your area.

We would like to thank the following DPOs for working with Inclusion London to produce this document:

- Action on Disability
- Camden Disability Action
- Disability Advice Service Lambeth



Thanks to Camden Disability Action for generously allowing Inclusion London to reproduce graphic illustrations by Sandra Howgate, created during CDA's co-production sessions with Camden Council, on pages: 1, 4, 8, 9, 12-17.

Illustrations in this document have been drawn by

Sandra Howgate

Why is this support needed?

To date employment support for Disabled people has failed to achieve equality in the workplace. Inclusion London evidence (taken from reports by Citizens Advice and the TUC, for example) shows that Disabled people still face a larger employment gap, are more likely to face redundancy and are more likely to be employed on zero-hours contracts.¹ The experience of DPOs is that many Disabled people still do not know what their rights in the workplace are and it is difficult to challenge employers. Access to Work² still presents many barriers and limitations for Disabled people. There is also very little or no involvement by Disabled people in designing employment support.

Vision

Our vision is seeing Disabled people in accessible and inclusive jobs, inclusive workplaces, equality of employment opportunities, with all Disabled people being valued and their access needs being met.

Mission

Our mission is to create and co-produce employment support, led by London's DPO sector, which meet the needs of all Disabled people at every stage of their careers. These flagship services will also support employers and change workplace culture.

Values

Our employment support aims to maximise everyone's potential, is aspirational, holistic and lifelong. 'Lived' experience of disability is essential across all aspects of employment support. Equality, diversity and inclusion will also be embedded across everything we do, so that services are representative of all Disabled people.

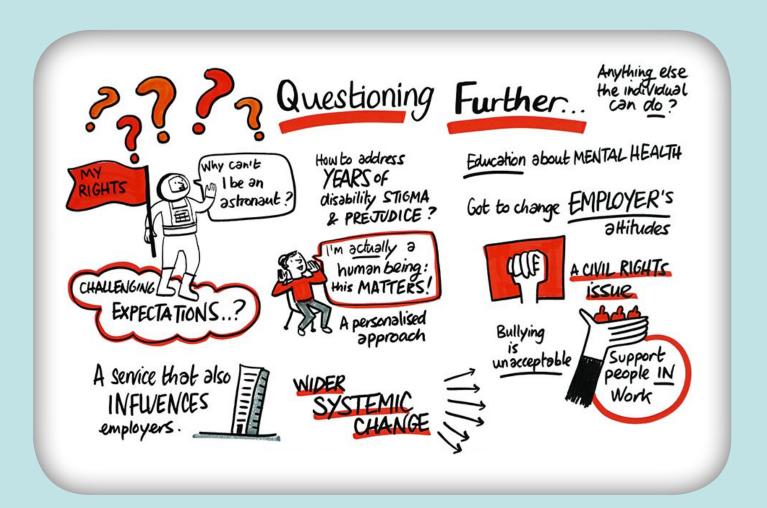
¹ https://www.inclusionlondon.org.uk/campaigns-and-policy/facts-and-information/employment/work-and-pensions-committee-inquiry-into-the-disability-employment-gap-inclusion-londons-response/

² Access to Work is a government scheme which can help Disabled people to get or stay in paid work, by providing different types of support (e.g. additional travel costs, support workers or equipment, etc.)

Principles

The support will be independent, co-produced, led and run by Disabled staff in DPOs. It will also be free of charge, open to all Disabled people, social model-based³ and will meet everyone's access needs.

Employment support provided by DPOs aims to change the workplace. We believe that every workforce should represent and reflect the communities it serves and this principal also applies to employment support.



³ The social model of disability states that people are Disabled by a range of barriers (e.g. physical, communication, information, attitudinal and environmental).

Meeting the employment support needs of Disabled people of all ages⁴ and with any impairment:

The unique and strategic benefits of employment support delivered by the DPO sector

1) Empowerment and peer support⁵ work

Many Disabled people have no knowledge of the social model of disability and do not understand what legal rights they have in the workplace. Providing empowerment work will increase Disabled clients' confidence and raise their aspirations around career development.

The following types of empowerment and peer support are needed by some Disabled people, starting in education and then at every stage of their career, from getting their first job to seeking promotions:

- Interventions are needed as early as possible. Young Disabled people need to be ambitious and aspirational and receive excellent careers advice at school and college (which DPOs can co-produce and co-deliver with staff)
- Providers of employment support need to understand and address the consequences of long term exclusion, discrimination, stigma and prejudice, as well as the long term impact of bullying
- Many Disabled people need support to develop a positive disability identity and understand / articulate their access needs. Employment Rights Training includes learning about different models of disability and it introduces trainees to social model language and terminology, while taking into account the trainees' different levels of awareness. The training also includes educating trainees about their rights under the Equality Act and covers issues such as how to request reasonable adjustments. This work needs to be delivered within a civil rights framework.

⁴ Currently there are no funding programmes to support Disabled people over 24yrs old to get into work.

⁵ Peer support is when people use their own experiences to help each other.

- **Peer Support Groups** are also valuable for Disabled people who are seeking paid work or already have jobs. They can provide support across a wide spectrum of issues according to the needs of the participants, such as developing better relationships with colleagues through to discussing difficulties around getting promoted.
- **Mentoring** by Disabled people for Disabled people is another very effective form of support, particularly when Disabled people are starting paid work and transitioning between different stages of their careers.⁶
- **Confidence-building, wellbeing and mental health support** are particularly helpful for Disabled people encountering difficulties getting into paid work or encountering barriers in the workplace (including barriers to progression and/or finding more fulfilling work).
- DPOs can also provide **support for the families of Disabled people** who are seeking paid work. This includes, for example, providing insight into employment rights, details about benefits, and support available from Access to Work.
- Peer support is also empowering, as a means of providing opportunities for Disabled people to share their **personal journeys** in the world of work with each other (e.g. Disabled people whose careers have benefitted from Access to Work support). This type of peer support encourages Disabled people to maximise available support and learn how to recognise discrimination.
- Peer Support Groups also provide learning opportunities for Disabled people who are new to the world of employment about a range of subjects, such as **workplace culture**.

⁶ A mentor is someone who helps and gives advice to a younger or less experienced person, especially in a job or at a school.

2) Ongoing personalised support

to get Disabled people into paid work

(& remain in and progress their careers)

Employment support for Disabled people needs to take into account multiple issues that will impact on a Disabled person's ability to get a job, meet its requirements and progress. DPOs can provide ongoing support which is personalised and sufficiently flexible to meet the needs of every client. It must provide the following:

- Disabled people need access to free advice, guidance, advocacy and legal advice on all issues related to employment.
- Some clients may want support to find **volunteering opportunities**, at the start of their journey towards employment. This could include finding ways for clients to develop their **employability skills**, if needed (e.g. ability to follow instructions, motivation and teamwork skills).
- DPOs can provide clients with **support at every stage of trying to get a job**, including job-search, support with preparing job applications, advice on making interview processes more accessible, work trials and in-work support.
- Disabled people also need easy access to Job Coaches who have a range of experience in different work settings, as well as an understanding of the social model of disability. They need to understand how to increase a Disabled employee's independence and knowledge in an empowering way.
- DPOs are knowledgeable about the role and benefits of using **Support Workers** in the workplace and can support clients with recruitment.
- DPOs can also support Disabled people to negotiate **reasonable adjustments** in the workplace and remove workplace barriers.
- If clients experience **discrimination in the workplace**, DPOs can provide support to challenge this and address the problem.
- DPOs can signpost clients to sources that can help with meeting **hardship and access needs** (such as IT equipment and travel costs).
- DPOs can advise Disabled people about work-related **benefits**.
- DPOs can also provide Disabled people with support to navigate Access to Work.

3) Work to meet the ongoing needs of employers

(NB Some elements of this support have the potential to generate income for DPOs)

In order to bring about long term change in the workplace employers can benefit from a range of employment support interventions that DPOs can provide. This engagement will help to build long term relationships between employers and local DPOs, providing employers with ongoing access to advice and guidance and creating pipelines for referrals. DPOs should charge employers for any training they deliver.

DPOs can provide employers with a wide range of guidance and training modules on employing Disabled people, such as:

- Disability Equality Training
- Employment Rights Training, which includes different models of disability, the Equality Act, and reasonable adjustments, etc.
- Support to co-produce and develop inclusive employment practices (e.g. by reviewing HR policies to identify unnecessary barriers, by promoting flexible and accessible application processes, by providing consultancy and audits, by reviewing service / core business delivery, and by raising awareness of disability issues)
- Support to change workplace culture
- Training for employers in the importance, and benefits of, work trials
- Training in intersectionality
- Identifying ways to support and engage current staff who haven't disclosed that they are Disabled (& increase rates of disclosure)
- Promoting narratives about the benefits of a diverse workforce









4) Other ongoing effective interventions

DPOs are also able to:

- provide **training in co-production** for commissioners of employment support (inc. developing accessible procurement processes)
- create learning opportunities for DPOs to learn from each other's strategic interventions, replicate them and develop their own areas of good practice
- build on the DPO experience of providing employment support to influence national policy on employment issues, including changes needed to Access to Work
- promote the additional benefits of DPO service delivery (including the 'social value' of user-led services and the benefits of holistic support services see Appendix 1)
- undertake social model-based development work with colleges
- and explore alternative funding models for training young Disabled people which bypass colleges

A challenge....

• How do DPOs find a balance between maintaining independence as service providers (e.g. identifying inequalities in the workplace and challenging structural discrimination) and cultivating meaningful, long term relationships with employers?









Appendix 1

The social value of DPOs (Disabled People's Organisations)⁷

DPOs: Challenging, Supporting and Innovating Increasing the quality and choice of services

Service innovation, development and delivery

- DPOs should inform, shape and co-design services with local authorities
- DPOs can help to identify gaps in employment support services, coproduce strategies and service specifications and help with tender evaluation and contract monitoring (if they are not delivering the services themselves!)
- DPOs provide a unique insight into issues and can work with local authorities to offer solutions based on user / expert experience and knowledge
- DPOs can work effectively with providers of employment support to ensure that outcomes are achieved
- DPOs encourage and support local authorities to trial new innovative approaches and do things differently
- DPOs are skilled at providing flexible and creative support to people in the community

Economic benefits

- DPOs can ensure funding is spent effectively and lever additional resources
- DPOs provide targeted, cost-effective services to meet identified local needs
- DPOs create more employment and volunteering opportunities for Disabled people in their own organisations

⁷ Source: https://www.thinklocalactpersonal.org.uk/_assets/Newsletter/00_Confident_Commissioning_Final_Version_2. pdf, pgs. 51-52

Service user engagement and involvement

- DPOs promote equality of opportunity and anti-discriminatory practices
- DPOs provide opportunities for customer and resident feedback above and beyond contract requirements
- DPOs provide a voice for their members and service users at a local level

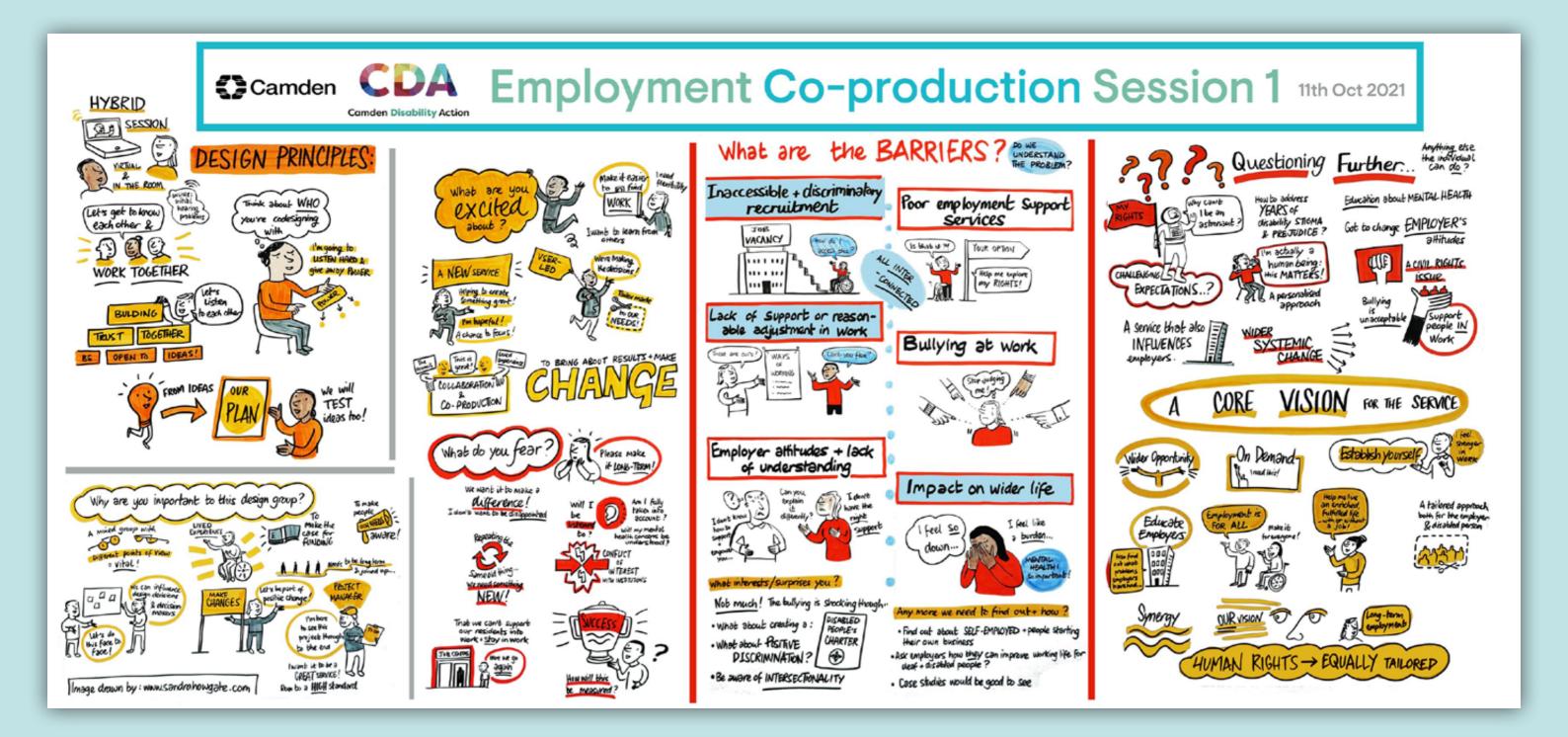
Community development

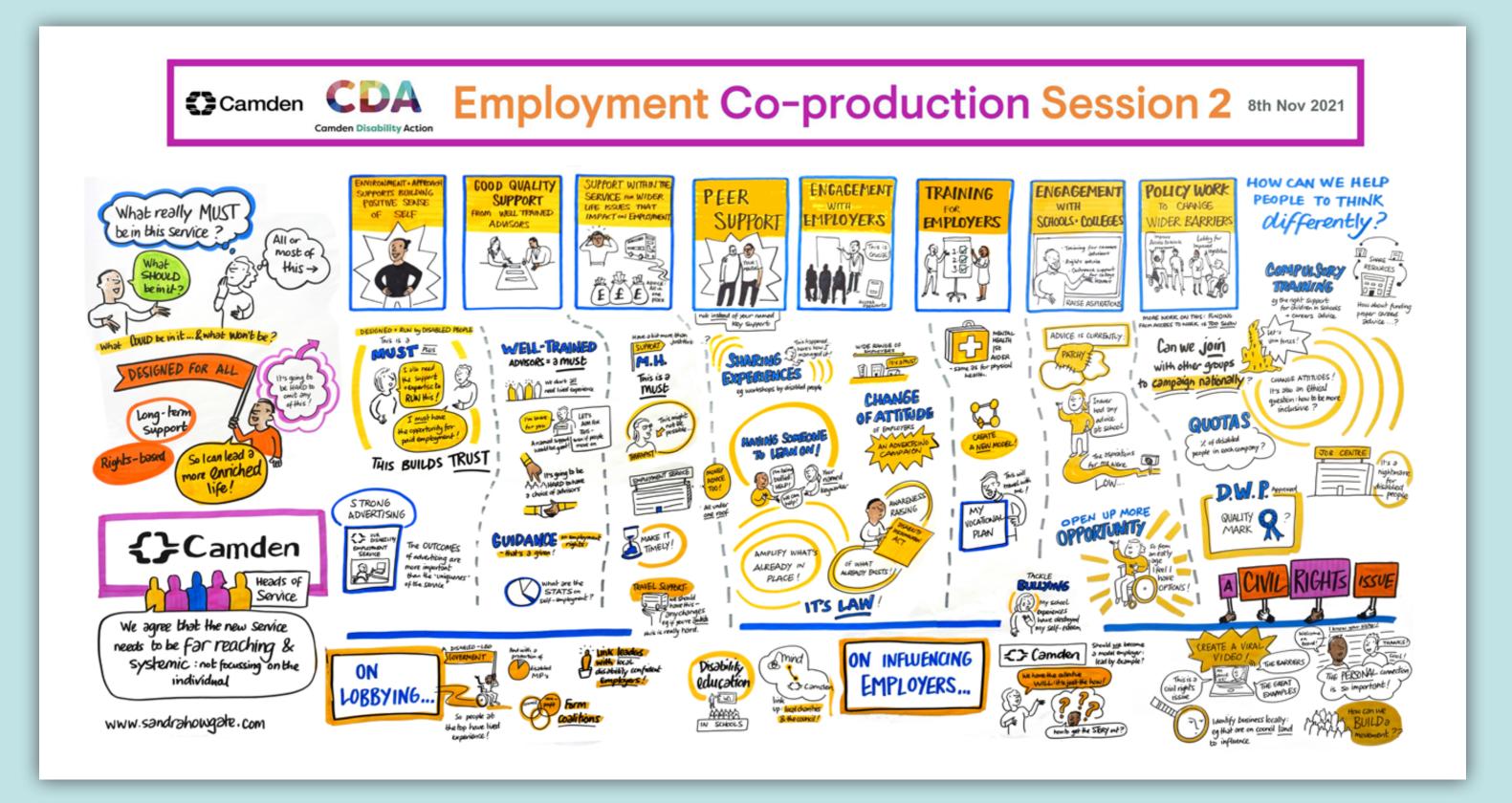
- DPOs know the community strategies and can help to deliver them
- DPOs can promote and support the development and capacity building of other user-led initiatives and organisations
- DPOs are well-connected to local Disabled people and support the growth of strong communities by linking people into wider networks, services and support

Empowering individuals

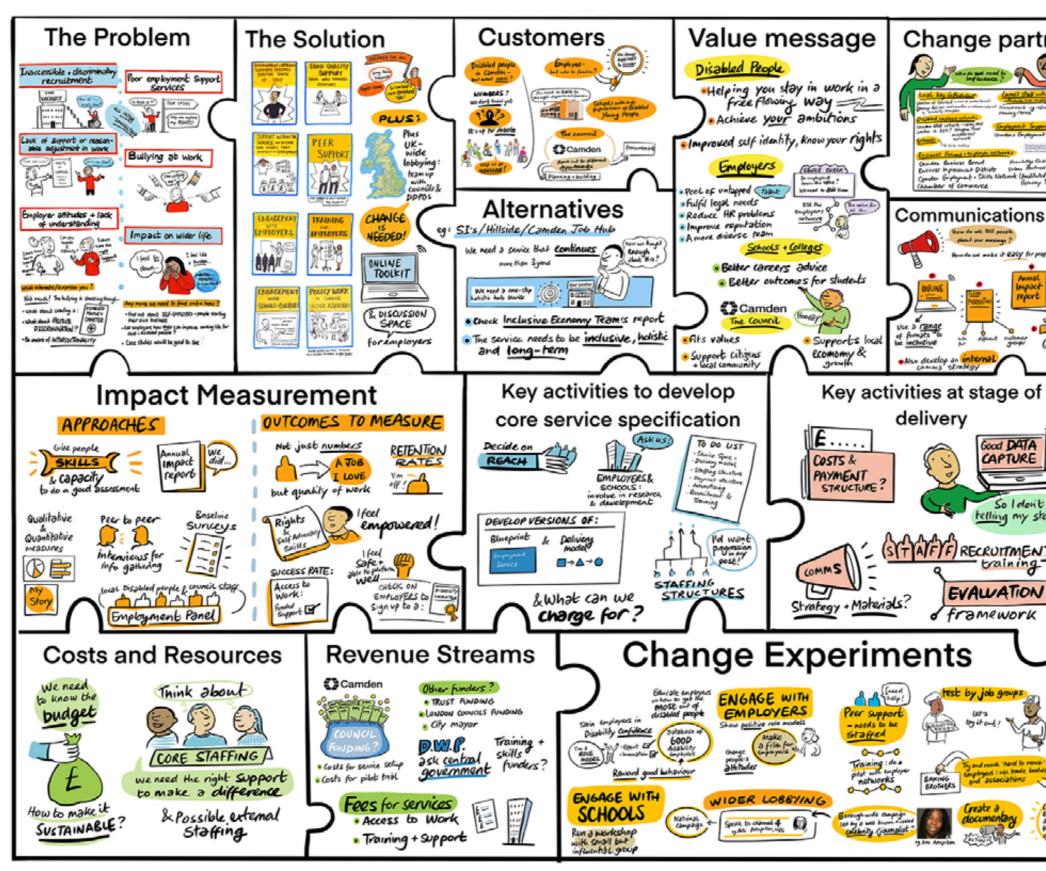
- DPOs support Disabled people to be independent and have control over their lives (a 'preventative' role)
- DPOs increase the confidence and skills of Disabled people
- DPOs work with local authorities to help minimise any negative impact of changes on local Disabled people

Visual representation of co-producing a rights-based employment support service design (as undertaken by Camden Disability Action and Camden Council)





Camden CDA Employment Co-production Session 3 13/12/21



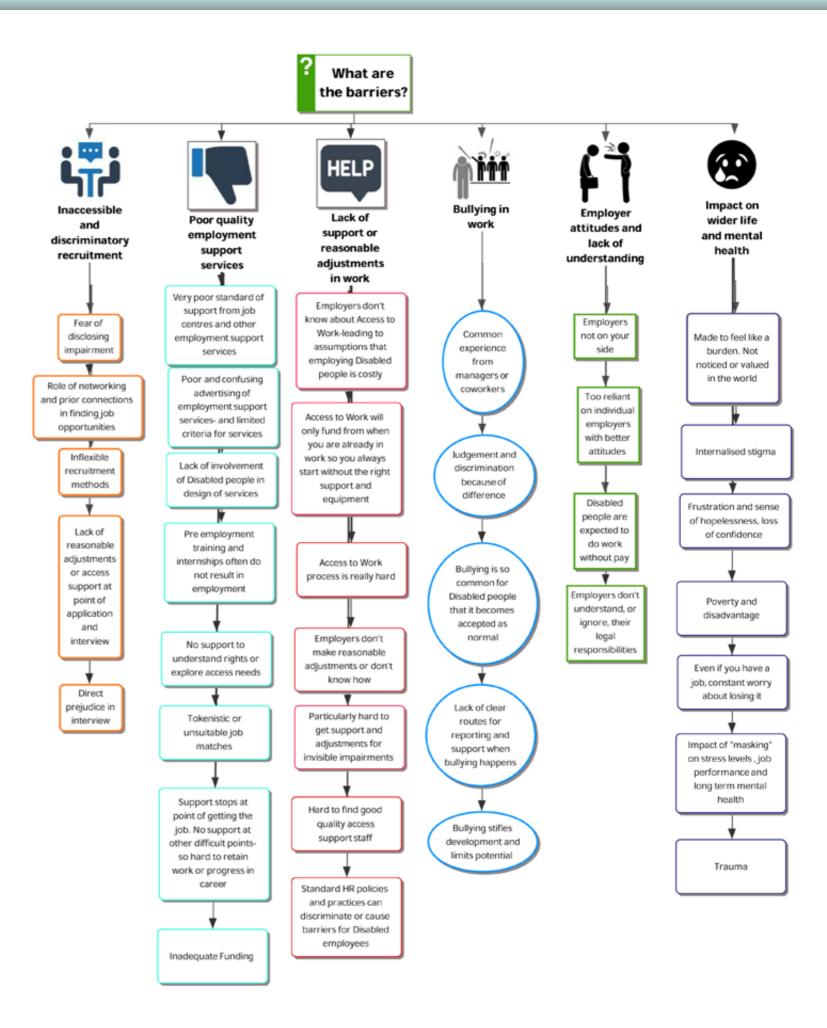
Drawn by: www.sandrahowgate.com

Camden Disability Action



Appendix 3

Visual representation of the barriers faced by Disabled people, as produced by Camden Disability Action



Inclusion London promotes equality and inclusion for Deaf and Disabled people by supporting the development of Deaf and Disabled People's Organisations (DDPOs) across London. Our 'Making it Work' programme aimed to improve young Disabled people's chances of finding employment and remove the barriers to getting into work.

www.inclusionlondon.org.uk

Produced by Inclusion London, July 2022

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