Kenny Thompson

As a black man disproportionately affected by mental health system . There need to be a move toward autonomy coercive and forced medication left me depressed and suicidal.  The situation in the UK is dire the racial tension and hostile environment  has only been added to by this government. Homophobic  attack have risen causing anxiety and fear. Only mirroring the rhetoric and ideal of this government .

Community and activism have been central to my well being and these are up for reform by the UK policing bill.

Where do you go when you are targeted and oppressed by the police and nhs and have no intrested in what they offer. Which is medication based when the the solution is individual social and political. Unfortunately it only seems to be getting worse.

Britain has to leave it colonial past behind and find a way to heal . Something like the truth and reconciliation project.

This has been exasperated by covid and we need to look to better ideas and ways to move forward.

The un investigating is great but it's ideal and theory and practice need to be supported at ground level. Un representatives should be in major cities and be challenging at local level

There is a great inconsistency in care for the mental unwell  or disabled in UK.