**Promoting our discrimination guides to your members**

**1. Information you can include in your newsletter or your website**

**A web resource which will help you to challenge discrimination**

Do you face discrimination on a daily basis?

This includes traveling by public transport, entering buildings or using a toilet, getting your voice heard or trying to access information in an alternative format.

Do you live in an inaccessible home and want to know what your options are?

Does it always seem too much of an uphill struggle to complain or to take further action?

If so we can help!

Inclusion London’s interactive guides include step by step advice to help you take appropriate action as well as ready-made template letters for you to make a complaint or start legal action. All guides are available in BSL and Easy Read.

Get started here: [www.disabilityjustice.org.uk/learn-more-and-take-action/](http://www.disabilityjustice.org.uk/learn-more-and-take-action/)

**2. Our suggestions for social media posts**

**For Twitter**

Inclusion London has developed a range of interactive guides to help Disabled people challenge discrimination. [www.disabilityjustice.org.uk/learn-more-and-take-action/](https://www.disabilityjustice.org.uk/learn-more-and-take-action/)

Do you have difficulties using public transport? Look at Inclusion London’s discrimination guides to see what you can do about it [www.disabilityjustice.org.uk/take-action/public-transport/](https://www.disabilityjustice.org.uk/take-action/public-transport/)

Stuck in inaccessible home? Look at this guide to see what your options are [www.disabilityjustice.org.uk/take-action/housing/](https://www.disabilityjustice.org.uk/take-action/housing/)

Do you face discrimination on daily basis? Do you want to challenge it? This website can help you take action. [www.disabilityjustice.org.uk/learn-more-and-take-action/](http://www.disabilityjustice.org.uk/learn-more-and-take-action/)

**For Facebook**

Do you find it hard to access services like everybody else? This interactive resource can help you take action and challenge discrimination. It has template letters, step by step advice and much more. It looks at the most common problems we face every day. [www.disabilityjustice.org.uk/learn-more-and-take-action/](https://www.disabilityjustice.org.uk/learn-more-and-take-action/)